

A Message from the Community Lay Director

I want, first of all, to express my appreciation to the community for allowing me the honor of serving as your community Lay Director. I will do all I can to help the community to be an effective tool for God and the Emmaus program. It is my hope that we can increase participation in the Kanawha Valley Emmaus Community. We have many members but most of our members are not actively involved in the community. If we want to grow in our discipleship to Jesus, we must step up, get involved, and above all work together.

With that in mind, if you have never worked on an Emmaus Walk or have not done so recently, would you prayerfully consider working "behind the scenes" at one of our fall Walks? The Men's Walk is October 1-4, and the Women's Walk is October 8-11. There is plenty to do and a real joy to be found in serving Pilgrims

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as they strengthen their relationship with Jesus Christ. Let me know if you are interested. I can be reached at physics72@suddenlink.net or text to (304) 573-3653.

The newsletter is the first we have had in a while, and I want to thank Terri Arthur for heading up the effort to produce this edition. We want to improve our communication within the community. You can help by sending Terri any news items or personal message you would like to share. Also ask your Emmaus friends if they received this edition. If they did not, please send contact information to Terri, Jeff Walker or me.

Let's get excited about strengthening the Kanawha Valley Emmaus Community! If we do, we can do great things for Jesus! I hope to see you at the next Gathering!

De Colores, Dan Doman

Save the Date

Men's Walk #91

October 1-4, 2015

Victor Farmer, Lay Director

Scott Ferguson, Spiritual Director

Women's Walk #92

October 8-11, 2015

Terri Arthur, Lay Director

Mike Coleman, Spiritual Director

KVEC 2015 Board

Dan Doman, Community Lay Director

Richie McNeil, Community Spiritual Dir.

Tom Weyer, Asst. Community Lay Dir.

Jeanne Snow, Treasurer

Jerry Bias, Registrar

Terri Arthur, Newsletter

Arnie Vaughn, Facilities

Bobby Phalen, Prayer & Literature

Victor Farmer, Fund Raising

Timi Phalen, Agape

Pam Moll, Kitchen

Jeff Walker, Web Page / Database

From the Kitchen

Pam Moll

My, how the time has flown by, and our snow storms are now heat waves. I'm looking forward to enjoying the summer and trying some new recipes which may make their way into the menu on our next set of Walks! At our most recent Gathering at Trinity United Methodist Church in Mink Shoals, we were all blown away by a TOTALLY yummy meatloaf! The meatloaf was made by Marci Weyer, and she gave me her recipe along with it her permission to print it in this newsletter to share with all of you. I encourage you to give it a try, it will not disappoint!

MARCI'S AMAZING MEATLOAF

2 LBS HAMBURGER KETCHUP
1 TBS GARLIC POWDER 2 EGGS
3 TBS BROWN SUGAR
1 CAN TOMATOE SAUCE
1 TBS ONION POWDER
3 TSP CAYENNE PEPPER

Mix all ingredients together in large bowl.
Form into ball and place in baking dish.

Cover completely in ketchup and heavily
sprinkle with brown sugar.

Bake one hour at 400 degrees or until done
in middle and edges are crisp.

Agape

Timi Phalen

Don't rush! Start making your agape now for the upcoming men's and women's fall walks. Please donate 50 of each item and what is not used will be returned after the walks for you to add to for the spring walks. You may put your reunion group or name on the agape or just leave blank. You may also bring your agape to any of the monthly gatherings or just call me at (304)545-8058 and I will meet you to pick up. Thanks so much, we all know how important agape is to the pilgrims!

De Colores!

Fall Walks

Jeanne Snow

The team selection process has already begun for Men's Walk #91 and Women's Walk #92. Now it's time for the community to begin the process of sponsoring pilgrims. PRAY, ASK, PRAY! Begin with prayer. Ask God who He wants you to sponsor. Tell that person about the Walk to Emmaus weekend, give them an application and ask them to pray about going on the walk. Get sponsorship training so that you know the Do's and Don'ts about sponsoring. Continue to pray!

The number of pilgrims we have on the walk is important to the financial survival of our community. We need about 20 pilgrims per walk to break even. Through other fundraising activities, we have been able to subsidize recent walks, but that is only a temporary fix. For our community to survive and grow, we need pilgrims – your pilgrims.

On the last two walks we had 7 and 9 pilgrims, respectively. Currently we have 2 pilgrims for the men's walk and 2 for the women's walk. Please submit applications to the registrar, Mary Thomas, KVEC, POB 1295, Charleston, WV 25325, ASAP. It is very disappointing, especially to the team, to have to postpone or cancel a walk due to a low number of pilgrims.

Remember, PRAY, ASK, PRAY!

Prayer and Literature

Bobby Phalen

Coming Soon!! The prayer vigil will be open for sign ups...Get a slot, while they're hot!! Please keep a check on the website www.3dayol.org for the upcoming men's and women's fall walks. Sign up for a couple of prayer times!

Would you like to volunteer and be part of the men's and women's fall walks? Volunteer to be in the prayer chapel where you can give and receive a blessing as you pray over each speaker, each pilgrim, the team members and behind the scene volunteers; before, during and after each talk. If this is something that you would like to do, contact me at (304) 372-8310. Thank you and De Colores!

Technical Corner

Jeff Walker

Updated information is needed! I want to encourage each of you to visit the website to update your contact information if you have had a change. Ask your fellow neighbors in the KVEC community if they are receiving the monthly email, if not direct them to update their information. Information is used by the Team Selection Committee, future Lay Directors and Board members needing assistance behind the scenes when prayerfully considering who will be part of each team. This information is crucial when forming new teams.

Odds & Ends

Terri Arthur

Amazon Smile - KVEC is now connected to Amazon Smile. When ordering from Amazon.com, go to Smile.Amazon and select our community. KVEC will receive a portion of the purchase price. Using Amazon Smile does not incur a cost to the purchaser. Please connect and enable KVEC to benefit from this awesome program!

Upcoming Gatherings - The August Gathering is August 8, 2015 at 6:30pm. Please invite as many as possible to join us!

The September Gathering is September 12, 2015 at Ripling Waters Camp Ground in Ripley, WV. We will be cleaning the kitchen and other areas preparing for the fall walks. Please arrive at 1:00pm with cleaning supplies to help out. A picnic will follow at 4:00pm – please bring a covered dish to share! All help is appreciated with the cleaning and I look forward to breaking bread with everyone at the picnic!

Book Table – Donated books can be brought to both upcoming gatherings. The books currently on hand for the book table are a bit aged. It would be nice to have a collection of updated books to provide the pilgrims. Please sort through your libraries and donate so we may share with the Pilgrims!

Newsletter - I would love to see our Emmaus community contribute articles to this newsletter. If you have experiences, poems, or stories of what you or your reunion group is doing, please let us know! Sharing our community's celebrations and stories brings us closer together as a family. Send your articles to me at Terri.J.Arthur@gmail.com. Thank you!!

Pastor's Corner

Announcement!

For God so loved the world that He gave His only begotten Son that whosoever believeth upon Him should not perish but have everlasting life. – John3:16

Many spheres of our lives develop a certain rhythm. A certain flow. We come to expect certain things. So it should come as no surprise that this is often the case with our times of worship. We gather for worship and we expect certain things to take place at certain times. In many places, including the Emmaus Community, this includes announcements. Announcements can cover many topics.

In my experience these topics usually involve some kind of activity. In its best terms and using Emmaus-speak: opportunities to be involved in Christian Action. In lesser terms: all manner of things, sometimes not even remotely related to praising God and the exercise of our Christian faith. You, like I have probably cringed during an announcement or two, hoping that it would just end. Speaking for myself, as a Pastor, announcements became something to get over as quickly and as painlessly as possible.

This began to change for me about two years ago. Sundays for me typically involve three worship services. One of my congregants at my first service is a retired Pastor. Larry. Larry has struggled with a serious illness for the past few years and he can't always make it to church, but when he does make it, Larry *ROCKS* at announcements! You see, he only has one and it is the same every time. Larry patiently waits until all the announcements are over and when I ask if there are any other announcements, Larry responds: JESUS SAVES.

As I said earlier, sometimes Larry just can't make it to church because of his illness. I don't know how much longer he'll be with us. He's a walking, talking miracle really. But on those Sundays Larry isn't there, a funny thing started to happen about a year ago; when I ask if there are any other announcements, if Larry isn't there someone else responds JESUS SAVES.

A part of the service that was just there, just something to be gotten through as quickly and as painlessly as possible is now *church*, if you know what I mean. Two little words. Spoken with love and heart felt belief: JESUS SAVES.

To paraphrase the Rev. Dr. William H. Willimon, sometimes we get so busy with the business of church, with programs and activities, choir practices and meetings that we forget to be a sign pointing to the kingdom.

Two little words that can change a life. Two little words that can save a life. Two little words pointing to the kingdom. Have you said them to anyone lately?

Jesus saves. De Colores.

Pastor Mike Coleman
Kanawha Valley Men's Walk to Emmaus #47
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